

## Renewal Part 6 – Renewal of Strength

### July 11, 2021 Discussion Notes

Everyone is encouraged to bring a Bible

(Phone apps are good for reading together in the same translation. Study Bibles give help with interpretation.)



### RENEWAL OF STRENGTH

- CONFRONT YOUR HOPELESSNESS
- DRAG IT TO GOD IN PRAYER
- MEDITATE ON WHO GOD IS
- BEGIN TO HOPE AGAIN
- RECEIVE GOD'S STRENGTH

#### Questions:

1. Icebreaker question: What is an impressive feat of strength that you have witnessed? What happened?
2. The sermon was based on Isaiah 40:27-31 (review the passage if you need to). Review the main points of the sermon. What stood out to you? Do you have any questions to bring up?
3. Read 2 Corinthians 12:7-10 (Paul here discusses a difficult struggle in his life that he refers to as a "thorn". We don't know exactly what it was that he was dealing with).
  - a) Which points from the sermon outline can you see reflected in the way Paul dealt with his struggle?
  - b) Do you have a "thorn" that you are dealing with in your life right now? If so, can you see ways that God is using it to strengthen you?
4. Read 1 Samuel 23:15-18
  - a) What steps did Jonathan take to encourage David?
  - b) What do you think most helped David to "find his strength in God?"
  - c) Do you ever struggle to know how to encourage a struggling person? (Sentiments like, "You're in our thoughts and prayers" are nice but can sometimes feel lacking)
  - d) What can you personally apply from Jonathan's approach?
  - e) Do you know of someone that you could reach out to this week to help them "find their strength in God"?
5. Is anyone in the group dealing with weariness or hopelessness? Discuss any points from the sermon (or any other ideas) that might help.
6. Take some time to pray for renewal of strength in your lives. Pray in the mighty name of Jesus and expect results!