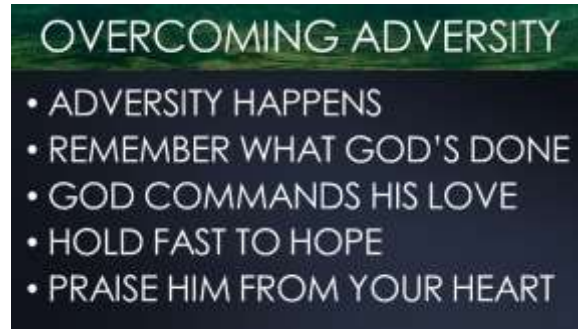
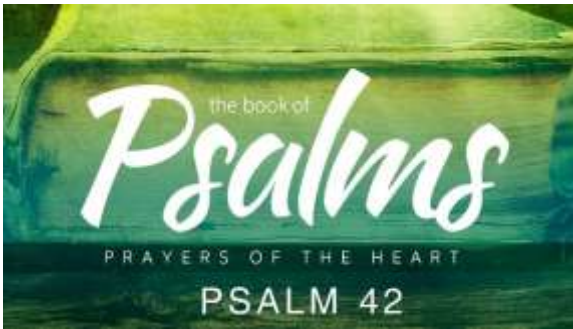


Psalm 42 – Overcoming Adversity

August 22, 2021 Discussion Notes

Everyone is encouraged to bring a Bible

(Phone apps are good for reading together in the same translation. Study Bibles give help with interpretation.)



Questions:

1. Icebreaker question: Picture yourself on a hot summer day. You've been working hard in the sun and haven't had anything to drink for a while. If you could have any drink to refresh yourself, what would it be?
2. The sermon was given by Chris Newman (BCC's missionary to Cambodia) and was based on Psalm 42. What do you remember about each of the main points? What stood out to you?
3. Read Exodus 17:1-7 (the people of Israel had just been freed from slavery in Egypt, but they struggled as they had to travel across a desert)
 - a) How did the people know which way to go in the wilderness?
 - b) Why do you think God would lead them to a place where there was no water?
 - c) Do you think God sometimes leads you to places with "no water"? If so, how do you feel about that?
 - d) What lessons can you take from this story about what to do and what not to do in difficult times?
4. Read the following verses: Psalm 42:1-2, Psalm 63:1, and Psalm 143:6
 - a) What were these psalmists thirsting for?
 - b) Does this seem strange to you, or do you feel the same way about God sometimes?
5. Read Isaiah 55:1-3, 10-11
 - a) What is the invitation that God has issued?
 - b) How can we access the water that He offers? (Hint: look for repetitive words and ideas)
6. Read John 7:37-39
 - a) What was Jesus claiming about himself?
 - b) Why did Jesus say, "as Scripture has said"? (See Isaiah 58:11 and Zechariah 14:8)
 - c) How can someone access the living water that Jesus offers?
7. Pray for each other's needs. Pray that anyone battling discouragement would be set free. And pray for a refreshing outpouring of the Holy Spirit in your lives.