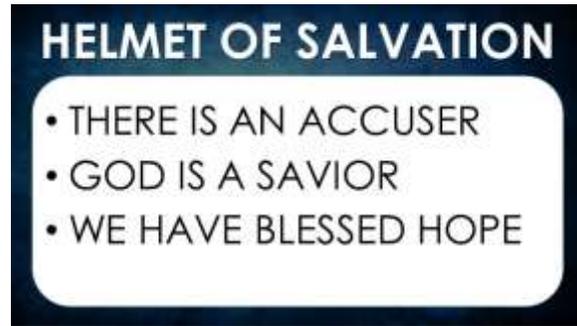


## Ephesians Part 21 – Helmet of Salvation

### July 24, 2022 Discussion Notes

Everyone is encouraged to bring a Bible

(Phone apps are good for reading together in the same translation. Study Bibles give help with interpretation.)



#### Questions:

1. Icebreaker question: Have you ever gotten into trouble for breaking a rule (at school, work, driving, etc.)? What were the consequences?
2. The sermon focused on the piece of the armor of God known as “the helmet of salvation” (Ephesians 6:17). What do you remember about each of the main points? What stood out to you or impacted you?
3. Does it seem unjust of God to judge people for their sin? Why or why not?
4. Here is a thought experiment. If you lie to your child, what punishment can he/she give you? What about if you lie to your spouse? And what punishment might you receive if you lie to the government? What is the difference between each of these situations? What does this imply about the just punishment we deserve if we lie to (or sin in some other way against) God?
5. Review 1 John 5:11-13.
  - a) According to this passage, who has eternal life?
  - b) How confident are you of your salvation?
6. Read Matthew 25:1-13.
  - a) Why are five of the virgins described as foolish? Who do you think they represent today?
  - b) Who became drowsy? What does this represent?
  - c) Are there ways in which you are overdependent on the spiritual lives of others?
  - d) On what basis were the five foolish virgins denied entry to the wedding banquet? (see v. 12). Are you confident that you will be welcomed in? Why or why not? If you are not confident, what can be done? (if you're unsure, talk to your small group leader or a pastor).
  - e) With what warning did Jesus conclude the parable? Why?
7. Pray together for confidence in the assurance God has given you. And pray for any specific needs in your group.